

Health Events 2012

January

TBC Child Healthy Weight National Conference

www.healthyweight4children.org.uk

4 World Braille Day

www.worldblindunion.org

18–22 Concertalk Week

www.concertalk.org.uk

22–28 Cervical Cancer Prevention Week

www.jostrust.co.uk

23–29 Be Loud! Be Clear!

www.beatingbowelcancer.org

23–29 Food Allergy & Intolerance Week

www.allergyuk.org

25 WISH National Conference

www.healthscotland.com

30 World Leprosy Day

www.leprahealthinaction.org

31 National Bug Busting Day – Head Lice Beware!

www.chc.org

February

1 Breathing Space Day

www.breathingspacescotland.co.uk

1–28 LGBT History Month

www.lgbthistory.org.uk

1–28 National Heart Month – Go Red for Heart

www.bhf.org.uk

1–28 Raynaud's Awareness Month

www.raynauds.org.uk

2 National Doodle Day

www.nationaldoodleday.org.uk

4 World Cancer Day

www.worldcancercampaign.org

6–12 Tinnitus Awareness Week

www.tinnitus.org.uk

8–10 14th Helping Families Change Conference 2012

www.healthscotland.com

11–17 Contraceptive Awareness Week

www.fpa.org.uk

14 Gold Heart Day

www.varietyclub.org.uk

14 Think About Sex Day

www.sda.uk.net

15 International Childhood Cancer Day

www.ukccsg.org

16–17 COSLA Annual Conference

www.cosla.gov.uk

20–26 Big Breakfast Week

www.breakfast2live.org.uk

21–26 Eating Disorders Awareness Week

www.b-eat.co.uk

24 Scottish Chamber of Safety conference – Safe, Healthy and Fit for Purpose

www.scosconference.org.uk

28 Rare Disease Day

www.raredisease.org.uk

Feb/Mar Scottish Mental Health and Ethnicity Special Interest Network Seminar

www.healthscotland.com

March

TBC Making a difference – Improving health and wellbeing outcomes for young people

www.youngpeopleshealth.org.uk

1 Early Years Network Conference

www.healthscotland.com

1 Self Injury Awareness Day

www.firstsigns.org.uk

1–7 Endometriosis Awareness Week

www.endometriosis-uk.org

1–31 Marie Curie Cancer Care Great Daffodil Appeal

www.mariecurie.org.uk/supportus/thegreatdaffodilappeal

1–31 Ovarian Cancer Awareness Month

www.ovarian.org.uk

1–31 Prostate Cancer Awareness Month

www.prostate-cancer.org.uk

8 Scotland's National Food and Drink Conference

www.fhscot.org.uk

14 No Smoking Day

www.nosmokingday.org.uk

21 International Day for the Elimination of Racial Discrimination

www.un.org/Depts/dhl/racial

21 World Down's Syndrome Day

www.dsscotland.org.uk

21–27 Down's Syndrome Awareness Week

www.dsscotland.org.uk

21–27 National Salt Awareness Week

www.actiononsalt.org.uk

24 World TB Day

www.euro.who.int

26 Purple day (Global awareness day for epilepsy)

www.epilepsyscotland.org.uk

April

1–30 Bowel Cancer Awareness Month

www.bowelcanceruk.org.uk

2 World Autism Awareness Day

www.waad.org.uk

4–10 Mental Health Action Week

www.mentalhealth.org.uk

6–10 National PSP Awareness Week

www.pspeur.org

7 World Health Day

www.who.int/world-health-day/en

10–16 Orchid Male Cancer Awareness Week

www.orchid-cancer.org.uk

11 World Parkinson's Day

www.epda.eu.com

11–17 Parkinson's Awareness Week

www.parkinsons.org.uk

17–24 Depression Awareness Week

www.depressionalliance.org

23–29 National Allergy Week

www.allergyuk.org

24–30 MS Awareness Week

www.mstrust.org.uk/msawareness

26 Young Scot Awards

www.youngscotawards.co.uk

29 Apr–6 May Cystic Fibrosis Week

www.cftrust.org.uk

May

1 World Asthma Day

www.asthma.org.uk

1–31 Hughes Syndrome Awareness Month

www.hughes-syndrome.org

1–31 International ME Awareness Month

www.afme.org.uk

2–8 Sun Awareness Week

www.bad.org.uk

3–13 Dystonia Awareness Week

www.dystonia.org.uk

7–11 National Thrombosis Week

www.thrombosis-charity.org.uk

7–13 Deaf Awareness Week

www.deafcouncil.org.uk

8–15 Cancer Prevention Week

www.wcrf-uk.org

10 World Lupus Day

www.lupusuk.org

11 International Fibromyalgia Awareness Day

www.fmauk.org

14–18 Arthritis Care Awareness Week

www.arthritiscare.org.uk

14–20 Action for Brain Injury Week

www.headway.org.uk

15–17 Huntington's Disease Certificated Course

www.hda.org.uk

15 May–15 June National Smile Month

www.nationalsmileweek.org

17 Beat the Banana day

www.wcrf-uk.org/banana

18 Fruity Friday

www.fruityfriday.org

20–26 National Epilepsy Week

www.epilepsyscotland.org.uk

21–25 Walk to School Week

www.walktoschool.org.uk

31 World No Tobacco Day

www.who.int/tobacco

June

TBC Maternal and Infant Nutrition Conference

www.healthscotland.com

TBC National Breastfeeding Awareness Week

www.breastfeeding.nhs.uk

TBC Scottish National Depression Week

www.dascot.org

TBC UK National Smoking Cessation Conference

www.uknsc.org

1 World Hyperparathyroidism Awareness Day

www.hpth.org.uk

1–30 Everyman Male Cancer Month

www.everyman-campaign.org

1–30 SANDS (Stillbirth & Neonatal Death Society) Awareness Month

www.uk-sands.org

3 World Kidney Day

www.worldkidneyday.org

4–10 Cervical Screening Awareness Week

www.jostrust.co.uk

11–17 Diabetes Week

www.diabetes.org.uk/scotland

11–17 Huntington's Disease Awareness Week

www.hda.org.uk

11–17 National Food Safety Week

www.food.gov.uk

12–18 National Men's Health Week

www.mhfs.org.uk

14 World Blood Donor Day

www.wbdd.org

15 National Bug Busting Day – Head Lice Beware!

www.chc.org

16–24 Bike Week

www.bikeweek.org.uk

17–23 Deafblind Awareness Week

www.sense.org.uk

17–24 Breathe Easy Week

www.lunguk.org

18–22 National Falls Awareness Week

www.ageuk.org.uk

18–24 Carers Week

www.carersweek.org

18–24 Child Safety Week

www.childsafetyweek.org.uk

18–24 Dementia Awareness Week (Scotland)

www.alzscot.org

21 Motor Neurone Disease Awareness Day

www.mndscotland.org.uk

21–28 UK Myeloma Awareness Week

www.myeloma.org.uk

24–30 National Metabolic Disease Awareness Week

www.climb.org.uk

26 International Day Against Drug Abuse and Illicit Trafficking

www.un.org

29 Wrong Trousers Day

www.wallaceandgromitfoundation.org

July

1–4 Osteoporosis and Bone Conference

www.nos.org.uk

1–31 International Group B Strep Awareness Month

www.groupbstrepinternational.org

1–31 Sickle Cell Awareness Month

www.sicklecellsociety.org

6–12 Alzheimer's Awareness Week

www.alzscot.org

28 WHD (World Hepatitis Day)

www.worldhepatitisday.org

August

1 National Play Day

www.playday.org.uk

1–7 World Breastfeeding Week

www.worldbreastfeedingweek.org

12 International Youth Day

www.un.org/youth

September

TBC Annual Review

www.healthscotland.com

TBC Public Health Information Network for Scotland Seminar

www.scotpho.org.uk

TBC RSA Annual Conference

www.raynauds.org.uk

TBC Scottish Learning Festival

www.ltsotland.org.uk

2 Walking Together Day

www.wcrf-uk.org/walk

2–8 International Suicide Prevention Awareness Week

www.chooselife.net

6–12 Migraine Awareness Week

www.migraine.org.uk

10 World Suicide Prevention Day

www.who.int

10–16 Know Your Numbers! (National Blood Pressure Testing Awareness Week)

www.bpsassoc.org.uk/kyn

10–16 Sexual Health Week

www.fpa.org.uk

15–23 National Eczema Week

www.eczema.org

17–23 Meningitis Awareness Week

www.meningitis.org